



## **KENYA READING LIST**

Africa. Art Wolfe, 2001. A photographic exploration into the wildlife of Africa.

Africa Adorned. Angela Fisher, 1994. Beautiful book on tribal adornment practices.

Africa: A Biography of the Continent. John Reader, 1999. A masterful and comprehensive synthesis of the geological, climatological, and paleontological discoveries of the last decades in Africa.

The Africans. David Lamb, 1987. A thoroughly clear-sighted, honest book that provides a political and social survey of the African continent.

African Art. Frank Willett, 1993. This classic study reveals the astonishing variety and expressive power of the art of a continent that contains more distinct peoples and cultures than any other. The substantial aesthetic impact that their works have had on the development of twentieth-century Western art—on Picasso, Derain, Braque, and Modigliani, among others—continues to this day.

African Ceremonies. Carol Beckwith, Angela Fisher, 1999. Photographers Beckwith and Fisher capture traditional ceremonies and contemporary culture throughout the continent. The result is a respectful, magnificently produced, two-volume celebration of African diversity. With 850 color photographs. A condensed paperback version is also available, sold under the title "Passages"

African Silences. Peter Matthiessen, 1992. In this narrative of Equatorial Africa, Matthiessen recounts several trips to The Gambia, Senegal, Zaire, and the Congo Basin in search of endangered rhinos, elephants and other endangered wildlife

Beads and Beadwork of East and Southern Africa. Margaret Carey, 1986.

The Behavior Guide to African Animals. Richard D. Estes, 1992. An excellent source for behavioral descriptions and accounts of varying social systems of African animals.

Birds of Kenya and Northern Tanzania. Dale Zimmerman, 1996. An easier-to-use book than Stevenson's because it covers a more limited region. If you are only visiting northern Tanzania, Serengeti, Tarangire and Ngorongoro this is the bird guide to carry.

Born Free: A Lioness of Two Worlds. Joy Adamson, 2000. A personal account of a lion cub in transition between the captivity in which she is raised and the fearsome wild to which she is returned captures the abilities of both humans and animals to cross the seemingly unbridgeable gap between their radically different worlds.

Darwin's Dreampond, Drama in Lake Victoria. Tjis Goldschmidt, 1996. An interesting account of the greatest diversity of freshwater fish anywhere in the world and the decline of over 200 species due to the introduction of the Nile Perch in Lake Victoria

I Dreamed of Africa. Kuki Gallman, 1991. A highly personal account of tragedy and magic in Kenya. Italian-born Gallman tells of her move to Ol Ari Nyiro, a ranch set in the highland plain in the shadow of Mount Kenya. Wistful in tone and romantic, this is nonetheless a powerful book, vivid in its detail of life in Africa. It is now a major motion picture.

In the Dust of Kilimanjaro. David Western, 2001. Western, a conservationist who grew up in Africa, blends biographical details with a history of African wildlife conservation. His approach to global conservation balances the needs of people and wildlife and entails coexistence rather than segregation.

Elephant Memories, Thirteen Years in the Life of an Elephant Family. Cynthia Moss, 2000. By distinguishing each individual elephant by characteristics such as the shape of their ears, ear markings or the size and shape of the tusks, Moss identified and followed individuals learning much about elephant behavior.

The End of the Game, The Last Word from Paradise. Peter Beard, 2000. Originally published in 1965, this landmark book has contributed much to the general awareness of conservation in Africa. Beard documents, with dozens of paintings, and over 300 modern and historic photographs, the history of explorers, missionaries and big-game hunters in Africa.

Facing Mount Kenya, The Tribal Life of the Kikuyu. Jomo Kenyatta, 1965. Written by Kenya's first president, this book is a central document of the highest distinction in anthropological literature, an invaluable key to the structure of African society and the nature of the African mind. It is not only a formal study of life and death, work and play, sex and the family in one of the greatest tribes of contemporary Africa, but a work of considerable literary merit.

Fantastic Invasion, Dispatches from Africa. Patrick Marnham, 1989. A hard hitting account of the present and future of Africa.

Field Guide to the Birds of East Africa: Kenya, Tanzania, Uganda, Rwanda, Burundi. Terry Stevenson, 2001. A comprehensive guide to East African birds.

Field Guide to the National Parks of East Africa. John G. Williams and N. Arlott, 1981

The Flame Trees of Thika. Elspeth Huxley, 1987. This is an account of the author's childhood on a Kenya farm at the turn of the century.

The Great Migration. Jonathan Scott, 1988. A story of the Serengeti ecosystem and wildebeest migration. Dramatic photographs.

A Guide to the Wildflowers of Kenya. Michael Blundell, 1982.

How It Was With Dooms, A True Story from Africa. Xan Hopcraft, 2000. An account of the author's life growing up with his pet cheetah Dooms. A children's book.

In the Lions Den. Mitsuaki Iwago, 1996. Perhaps one of the most patient and therefore most rewarded photographers in Africa.

Island Africa, The Evolution of Africa's Rare Animals and Plants. Jonathan Kingdon, 1990. A fascinating book that describes the evolutionary history of the African continent and helps to explain why there is such great biological diversity in this part of the world.

Kingdom of Lions. Jonathan Scott, 1985.

The Kingdon Field Guide to African Mammals. Jonathan Kingdon, 1997. Simply the best field guide to African mammals that exists. Wonderful art quality and descriptions of almost every mammal on the continent.

The Lunatic Express. Charles Miller, 1971. The magnificent saga of how the white man changed Africa/The pioneers, visionaries and politicians – and their crazy railway. Please note that this book is out of print but you are able to find it on Amazon under used books.

Maasai. Tepilit Ole Saitoti, 1980. Written by a Maasai, this intelligent and informative book contains superb photography.

The Man-Eaters of Tsavo. John Henry Patterson, 1986. The classic man-eating story of the lions that halted construction of a railway line and reportedly killed one hundred people, told by the man who risked his life to successfully shoot them.

Mara-Serengeti: A Photographers Paradise. Jonathan and Angela Scott, 2001. A beautiful photographic journal of the Mara/Serengeti Ecosystem.

The Marsh Lions: The Story of an African Pride. Brian Jackman (with photographs by Jonathan Scott), 1982.

Mountains of the Moon. William Harrison, 1990. A marvelous novel about the brilliant explorer and writer Richard Burton and his young protégé John Hanning Speke and their ill-fated attempt to locate the source of the White Nile in the East African highlands.

National Audubon Society field Guide to African Wildlife. Peter Alden and Richard D. Estes, 1995. A photographic field guide for African wildlife.

Nine Faces of Kenya. Elspeth Huxley, 1992. Drawing on her knowledge of Kenya and its literature, Huxley presents a fully rounded portrait of a nation, its peoples and wildlife, history and landscape, and the men and women who made their mark upon it. Isak Dinesen, Ernest Hemingway, the Leakeys, Beryl Markham, Winston Churchill, Evelyn Waugh, and Theodore Roosevelt are among the many writers in this classic anthology.

No Picnic on Mt. Kenya. Felice Benuzzi, 1999. Held at a British prisoner of war camp at the foot of Mount Kenya in 1943, the author escapes and climbs the mountain -- and then sneaks back into prison. Among the many pleasures of this book are Benuzzi's accounts of the landscapes, animals and habitats on the way to the top.

Origins Reconsidered – In Search of What Makes Us Human. Richard Leakey and Roger Lewin, 1993. Leakey returns to his earlier work, especially his 1977 book *Origins* - to poke holes in his previous beliefs, but more importantly to reassess how we became "human," and what, after all, being human really means.

Out of Africa and Shadow on the Grass. Isak Dinesen, 1972. The famous tale of a naive young woman who leaves Denmark for East Africa. First published in 1937 and now a perennial bestseller, *Out of Africa* draws us into life on a struggling coffee plantation with its lyrical tone. Profoundly introspective and romantic in tone, it's a moving tale inspired by affection for Kenya and its people.

Red Strangers. Elspeth Huxley, 2002. A multi-generational tale set among the Kikuyu people and colonial settlers of highland Kenya, home turf of Huxley and setting for her memoir "The Flame Trees of Thika."

Safari Chic. Bibi Jordan, 2000. A beautiful collection of photographs and stories of homes and lodges in Africa.

The Safari Companion, A Guide to Watching African Mammals. Richard D. Estes, 1999.

Safari Style. Tim Beddows and Natasha Burns, 1998. A great look at many of the wonderfully designed lodges and camps found in East Africa.

The Scramble for Africa. Thomas Pakenham, 1992. A dramatic telling of the imperialist struggle over Africa, a quick and violent grab for territory in which Britain, France, Germany, Belgium, and Italy vied for power and markets. In a mere 34 years the European powers carved up an entire continent. Pakenham offers an engrossing--and appalling--narrative of panoramic scope.

The Shadow of Kilimanjaro: On Foot Across East Africa. Rick Ridgeway, 1999. The author recounts his walk from Mount Kilimanjaro across Tsavo National Park to the Indian Ocean. It's a perceptive overview of Kenya, its wildlife and conservation by an

appreciative observer. He weaves history, philosophy and thoughtful observation into this marvelous account.

The Shadow of the Sun. Ryszard Kapuscinski, 2002. This book helps greatly in sorting out the issues, politics and history of Africa. A brilliant writer and, more importantly, a brilliant story teller who has spent more than 30 years working as a journalist in Africa.

Silent Thunder, In the Presence of Elephants. Katy Payne, 1998. A researcher's account of studying elephants in Kenya, Zimbabwe and Namibia and her discovery of the low frequency communication system that elephants use. A must read for anyone interested in elephants and their behavior.

The Sixth Extinction. Roger Lewin and Richard Leakey, 1996. A brilliant explanation and celebration of "biodiversity", informed by the personal and first-hand experience of the world-famous scientist Richard Leakey.

Straight on Till Morning. Mary Lovell. A biography of Beryl Markham.

Swahili Phrase Book. Lonely Planet 1998.

The Tree Where Man Was Born. Peter Matthiessen, 1972. A vivid portrait of East Africa. This book entralls us with its masterful detail on nature and daily life. Matthiessen ranges through prehistory up to modern Kenya, circa 1961, deftly combining the finest of nature writing and sensitive commentary on social and political history. In this far-ranging book, we travel with him to Maasailand, Ngorongoro Crater in Tanzania, the Kenyan Highlands and out in the bush to witness the animals.

West with the Night. Beryl Markham. 1983. A direct, stylish and engrossing story of a marvelous life well lived. Markham describes her childhood in Kenya and her experiences as a bush pilot in the 1930s -- evoking the landscapes, people and wildlife in rich detail.

Wildlife Wars: My Fight to Save Africa's Natural Treasures. Richard Leakey, Virginia Morell, 2002. This book chronicles Leakey's struggle to balance the needs of Kenya's human population with the task of maintaining the world-famous parks that are its major source of revenue. As candid and controversial as its author, this memoir is testimony to one man's commitment to save African wildlife and to serve his country.

*All things considered, there are two kinds of people in the world: Those who stay at home and those who do not. The second are most interesting.* - Rudyard Kipling